# MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH) COMPREHENSIVE PSYCHIATRIC SERVICES (CPS) STATE ADVISORY COUNCIL (SAC) MEETING MINUTES November 20, 2008 Jefferson City, Missouri

**Members Present:** Robert Qualls, Helen Minth, Sarah Stanton, Erica Stephens, John Robbins, Kim Johnson, Mary Lou Bussabarger, Glenda Meachum-Cain, Karren Jones, Donna Lay, Greg Markway

**Members Absent:** Sandra Hamilton, Mark O'Toole, Jessica Johnson, Linda Clarke, Barb Anderson, Liz Hagar-Mace, Suzanne Taggart, John Harper

Visitors: Bob Bussabarger

**DMH Staff:** Rita McElhany, Tish Thomas, Karen Battjes

**SAC Staff:** Rosie Anderson-Harper, Melissa Rivers

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Robert Qualls called the meeting of the CPS-SAC to order at 10:00 a.m. on Thursday, November 20, 2008. The meeting was held at the Department of Mental Health, 1706 East Elm St., Jefferson City, Missouri, in Conference Room B.	
INTRODUCTIONS/ PACKET REVIEW	Welcome and introductions were facilitated by Robert Qualls. Robert's opening remarks were in regards to the economic situation facing the nation. He talked about the anxiety and fear that everyone is dealing with during this time, as well as comparing that fear and anxiety to the needs of those in the mental health community.	

#### **MIL TAX BOARDS**

Rita McElhany gave a presentation in regards to the Mil Tax Boards. Rita explained that there were two taxes passed in November that will help provide mental health services. She also explained that a mil tax were county and property taxes. Rita also provided a map of all of the counties in the state of Missouri that these mil tax boards effect. (See handout for details.)

#### BLOCK GRANT PEER REVIEW

Rosie Anderson-Harper and Robert Qualls reported on the Community Mental Health Services Block Grant Peer Review which took place on October 22, 2008. Rosie reported during the peer review she highlighted the implementation of evidenced-based practices, medical and behavioral health initiatives, Mental Health Transformation and Veteran's services. Robert spoke on the State Advisory Council, Peer Specialists, peer monitoring of agencies, SAC member involvement in the initial town meetings and his appointed and participation on the Leadership Work Group with the Office of Transformation, Mental Health Awareness Day, and involvement of CPS SAC in Block Grant development. Rosie reported that overall the State Advisory Council was commended as a planning council. Rosie reported that the Block Grant was approved for one year with modifications. The modifications required include additional information on homelessness, run-away youth (homeless youth,) and data changes. Rosie stated she would make the necessary modifications and submit them to the federal government for approval.

# ROBERT QUALLS' PUBLIC SERVICE ANNOUNCEMENT

Robert Qualls reported that he had been asked by DMH to record a public service announcement to reduce the stigma of mental illness. He stated that all of the footage shot the day the camera crews came was used to make three different public service announcements. The PSA was shown.

#### CONSUMER/FAMILY/ YOUTH LEADERSHIP SUMMIT

Leigh Gibson reported on the Consumer/Family/Youth Leadership Summit. She stated that the summit incorporated the ADA, CPS, and DD divisions. The first summit focused on the lifespan of the consumers, and future summits will be broken down into groups for adults and transitional youths (ages 18-24.) She reported that there were some tracks and events for everyone, as well as obtaining feedback

from participants on what they would like to see in the future summits. She also reported that the Empowerment Center helped staff the event, and that their help was wonderful, and much appreciated by everyone. Leigh stated that they were setting up a blog for those who attended this event as well as those wishing to participate at the next one. If you wish to make comments or suggestions regarding what could be done to help improve the event in the future, go to <a href="http://www.missouridmh.typepad.com/realvoicesconference/">http://www.missouridmh.typepad.com/realvoicesconference/</a>.

## NEW CHAIR AND VICE CHAIR ELECTIONS

Rosie Anderson-Harper took nominations for the new Chair and Vice-Chair for the State Advisory Council for 2009/2010. Sarah Stanton nominated Helen Minth as the Chair and Karren Jones as the Vice-Chair. The council voted unanimously for Helen Minth as Chair and Karren Jones as the Vice-Chair for the State Advisory Council for 2009/2010.

### MEMBERSHIP DISCUSSION

Rosie Anderson-Harper discussed current membership with the State Advisory Council. She explained who is coming up on their last term; however, asked that those individuals not leave the council until replacements can be appointed so that there would be proper representation for the State of Missouri. She also explained and discussed with the council possible new members for the State Advisory Council. (See handouts for details.)

### ALTERNATIVES CONFERENCE 2008

Robert Qualls reported on the Alternatives Conference 2008 that he attended at the end of October in Buffalo, New York. Robert stated that the conference focused on creating a community through active citizenship. He stated that the emphasis was mainly on 'community.' Robert mentioned there was a huge emphasis also on trauma-informed care and wellness.

### MEMBER REPORTS AND ANNOUNCEMENTS

Greg Markway reported on the two programs that Department of Corrections collaborates on with DMH for individuals with mental illness released from correctional institutions back into the community. The goal is to assure continuity of care and the appropriate level of care for psychiatric services and supports.

Mary Lou Bussabarger reported that she has been asked to be a judge for the Mental Health Champions award.

	Sarah Stanton reported that the child and family services at Truman have continued to grow and they are looking for a new building to accommodate the demand for services.	
BUSINESS MEETING	Approval of Minutes: Mary Lou Bussabarger moved that the October meeting minutes be accepted. Donna Lay seconded the motion. The council voted unanimously in favor. The minutes were approved.	
COMMITTEE REPORTS	Tish Thomas gave an update regarding Mental Health Awareness Day 2009. She stated that she is working with Treaka Young from Lincoln University to contract the logistics for this event.	
OLD BUSINESS	There was no old business to discuss.	
NEW BUSINESS	There was no new business to discuss.	
ADJOURN	Donna Lay made a motion to adjourn. Greg Markway seconded the motion. The council voted unanimously in favor. The State Advisory Council for the Division of Comprehensive Psychiatric Services adjourned at 2:00 pm on November 20, 2008.	Next Meeting of SAC will be on January 22, 2009, at the DMH central office.